

UPPER GI ENDOSCOPY **(EGD) INSTRUCTIONS**

☐ **ADMISSIONS TODAY**

☐ **Pregnancy Test 24-72 hrs prior**

☐ **PRE ANESTH APPT** _____

Your procedure is scheduled for _____ and your arrival time is _____

Your scheduled time is subject to change in the event of a cancellation or due to an emergency.

If you need to reschedule/ cancel your appointment or have any medical questions about the instructions, please call **(254) 553-3886 or 553-6547**

YOUR RIDE MUST BE PRESENT and STAY in the HOSPITAL on the DAY OF YOUR PROCEDURE.

GENERAL INSTRUCTIONS:

You will be receiving I.V. (intravenous) sedation during your procedure. **You MUST have an adult companion (family member or friend) to drive you home. Public transportation by yourself (bus and taxi) is not allowed. Your ride must pick you up at the Endoscopy Unit at the time of discharge. Your procedure will be cancelled if your ride cannot be confirmed.** On average, most patients are discharged 3-4 hours after they arrive

The day prior to the procedure, you may eat your normal meals.

No eating or drinking after midnight the day before your procedure

*Do not use nail polish or body lotions/oils as they interfere with the monitoring equipment.

*Remove all body piercings prior to your arrival. You will have to remove dentures prior to EGD.

CHECK IN FOR PROCEDURE:

CHECK IN AT THE KIOSK STATION IN FRONT OF THE ORAL SURGERY CLINIC (2ND FLOOR OF THE MAIN LOBBY). THEN, PROCEED TO ENDOSCOPY/ICU WAITING AREA AND HAVE A SEAT UNTIL CALLED.

MEDICATION INSTRUCTIONS:

- Blood-thinning or anti-platelet medications such as Coumadin (Warfarin), Apixaban (Eliquis), Clopidogrel (Plavix) or aspirin will be addressed in clinic by your provider**
- If you are taking medication for high blood pressure, seizures, or other medical conditions you may take these medications at least 3 hours prior to the procedure with a sip of water.
- If you have diabetes:
 - If you take a pill to lower your sugar, **DO NOT TAKE IT** on the day of your procedure.
 - If you are taking regular insulin (R), **DO NOT TAKE IT** on the day of your procedure.
 - If you are taking long-acting insulin (NPH), you should take half of your prescribed dose on the morning of your procedure.
 - If you are taking any other insulin preparation such as Lantus, Humalog, or 70/30 insulin, please contact your prescribing physician for instructions.

PLEASE NOTE: *If you have any medical questions regarding the above instructions, please contact our endoscopy nurse at (254) 553-6547*